

SCC TRACK MEET
Thursday APRIL 8, 2021

Coaches Meeting 11:15 in the shed at south end.

Field Events: Jr. High 3 Trials Only, Varsity 4 Trials

Time	Event	Time	Field Event
1:00	3200m Relay-Girls Varsity	12:00	JH Boys Shot followed by Varsity
1:15	3200m Relay-Boys Varsity		JH Girls Discus followed by Varsity
1:30	100m Hurdles-JH Girls & Boys		JH Boys LJ followed by Varsity
1:40	100m Hurdles-Varsity Girls		JH Girls HJ and Varsity (same time)
1:50	110m Hurdles-Varsity Boys		
2:00	100m Dash-JH Girls and Boys		
2:15	100m Dash-Varsity Girls and Boys		
2:30	800m Relay-JH girls, boys V Girls, Boys	1:00	JH Girls Shot Put followed by Varsity
2:50	1600m Run-JH girls, boys V Girls, Boys		JH Boys Discus followed by Varsity
3:20	400m Relay-JH girls, boys V Girls, Boys		JH Girls LJ followed by Varsity
3:40	400m Dash-JH girls, boys V Girls, Boys		JH Boys HJ and Varsity(same time)
4:10	300m Hurdles- Varsity Girls		
4:20	300m Hurdles- Varsity Boys		
4:30	800m Medley Relay- JH girls and boys	2:00	JH TJ followed by Varsity
4:40	1600m Medley Relay- Varsity Girls		
4:50	1600m Medley Relay- Varsity Boys		
5:00	800m Run-JH girls, boys V Girls, Boys		
5:20	200m Dash- JH girls and boys	3:00	JH Girls TJ followed by Varsity
5:35	200m Dash- Varsity Girls and Boys		
5:50	3200m Run- Varsity Girls		
6:10	3200m Run- Varsity Boys		
6:30	1600m Relay-JH girls, boys V Girls, Boys		